

Culture Exercise- Identifying Your Values

(If you're a writer, this is a writing exercise. If you aren't a writer, speak your answers out loud to someone who knows you well and can counter your perceptions of yourself). Write your final answers below.

Identify 5 values that you stand for. For each value you identify, ask yourself, "Why is this a value I stand for? How do I know it really matters to me? What would I give up personally to maintain the integrity of this value in my life?"

1. Value 1:

2. Value 2:

3. Value 3:

4. Value 4:

5. Value 5:

Reorder your Top 5 in terms of priority:

What you personally and professionally value is absolutely KEY to determining whether or not a company culture is a match for you, (whether it aligns with your values).